Andrey Nosov's Guitar School... Only the Best...

Direction of finger bending, in this case from thick to thin strings. And that means that the fingers, when performing the technique, move upwards. The arrow indicates the direction of movement; in this case, it is from the first to the second string, that is, "a", "m", and "i" fingers pluck in that order and as rapidly as possible. The arrow indicates the direction of movement; in this case, it is from the first to the second string, that is, upwards.

Arms. – Natural Harmonics;
Harm. – Artificial (Octave) Harmonics.

P1, P1 – The stroke of the thumb on the desired strings: P1 – from thick strings to thin; P1 – from thin to thick.

M1 – Striking "i", "m", "a" fingers simultaneously on the desired strings (or maybe a little arpeggiated). The arrow indicates the direction of finger bending, in this case from thick to thin strings. And that means that the fingers, when performing the technique, interact with the strings with the nails, and not with the pads.

The X beneath these notes indicates that the [left hand] fingers 2 and 3 drop with force onto the fifth and fourth strings, thus producing the sound without using the right hand.
*) Т – предельно быстрое чередование пальцев в порядке "a-m-i", выполняемое на нужных струнах (нечто вроде короткого 3-хзвучного тремоло). Стрелка указывает направление сгибания пальцев, в данном случае, от тонких струн к толстым. И значит пальцы при выполнении приёма взаимодействуют со струнами подушечками, а не ногтями.

**) Arm. – Натуральный флажолет;
Harm. – Искусственный (октавный) флажолет

***) P1, P2 – Удар большого пальца по нужным струнам: P1 – от толстых струн к тонким; P2 – от тонких к толстым.

****) М1 – Одновременный удар "i", "m", "a" пальцев по нужным струнам (или, возможно, немного арпеджированный). Стрелка указывает направление сгибания пальцев, в данном случае, от толстых струн к тонким. И значит пальцы при выполнении приёма взаимодействуют со струнами ногтями, а не подушечками.

*****) X – удар пальцев левой руки по струнам, с целью получения звука без участия правой руки.

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